



MASSAGE SERVICES

MASSAGE (STANDARD/SWEDISH)



A CUSTOMIZED MASSAGE THERAPY SESSION DESIGNED TO MEET YOUR UNIQUE NEEDS THAT MAY CONSIST OF A COMBINATION OF MODALITIES AND TECHNIQUES (OTHER THAN SWEDISH) SUCH AS: MYOFASCIAL RELEASE, CRANIOSACRAL, NEUROMUSCULAR, AND MORE.

SWEDISH IS A TECHNIQUE THAT IS USED WITH SMOOTH, FIRM GLIDING STROKES THAT GENERALLY CONSISTS OF A LIGHT-MEDIUM OR HEAVY PRESSURE.

\$100/\$140/\$180 60 MIN / 90 MIN / 120 MIN

DEEP TISSUE MASSAGE



DESIGNED TO RELIEVE AND REMOVE SEVERE TENSION IN MUSCLES AND CONNECTIVE TISSUE THAT IS BELOW THE SURFACE. DEEP TISSUE CONSISTS OF A SLOWER, DEEPER PRESSURE, USUALLY TARGETING SPECIFIC MUSCLES OR AREA OF THE BODY

\$135/\$175/\$225 60 MIN / 90 MIN / 120 MIN

PRENATAL MASSAGE



FOCUSES ON ADDRESSING THE NEEDS OF EXPECTING WOMEN. CONSISTS OF A SIDE-LYING POSTURE. ADDED CUSHIONS, AND OTHER ADDITIONAL MODIFICATIONS AND TECHNIQUES TO ENSURE SAFETY AND FULL BENEFIT OF TREATMENT.

\$120/\$160 60MIN / 90 MIN

LYMPHATIC DRAINAGE MASSAGE



ALSO KNOWN AS MANUAL LYMPHATIC DRAINAGE, A TECHNIQUE THAT IS USED TO DRAIN AND RELIEVE SWELLING THAT HAPPENS WHEN AN ILLNESS OR MEDICAL TREATMENT HAS BLOCKED YOUR LYMPHATIC SYSTEM. IT CONSISTS OF GENTLY MANIPULATING SPECIFIC AREAS OF THE BODY TO HELP MOVE LYMPH FLUID TO LYMPH DRAINAGE VESSELS IN THE BODY

LYMPHATIC DRAINAGE ALSO GIVES VERY RELAXING AND STRESS RELIEVING BENEFITS BY ACTIVATING THE PARASYMPATHEITC NERVOUS SYSTEM.

\$120/\$160 60 MIN / 90 MIN



MASSAGE SERVICES

MAYAN ABDOMINAL



THIS TRADITIONAL MASSAGE IS DESIGNED TO NOURISH YOUR REPRODUCTIVE ORGANS AND HELP RESTORE BALANCE TO YOUR HORMONAL AND EMOTIONAL SYSTEMS. WITH GENTLE, HANDS-ON TECHNIQUES, THIS MASSAGE HELPS TO RELEASE TENSION AND REDUCE STRESS, AS WELL AS REALIGNING YOUR UTERUS AND OTHER ORGANS ALLOWING YOU TO RELAX AND RECONNECT WITH YOUR BODY

\$135/\$175

60 MIN / 90 MIN

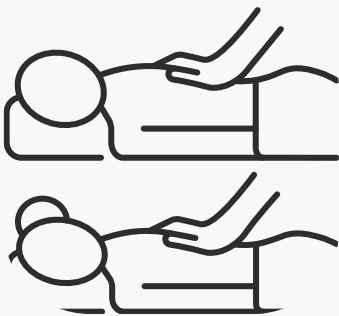


HAPPY HOUR MASSAGE

HAPPY HOUR MESSAGES ARE SWEDISH AND BOOKED FROM 5-7PM MONDAY - FRIDAY.

\$80/\$112

60 MIN / 90 MIN



COUPLES MASSAGE

STANDARD SWEDISH MASSAGE FOR TWO. REQUIRES VERBAL APPROVAL AND PREPAYMENT. CALL IN ADVANCE FOR AVAILABILITY AND BOOKING

\$220/\$330

60 MIN / 90 MIN

BODYWORK COMBO

THE BEST OF BOTH WORLDS! BY SEAMLESSLY COMBINING THE BODY CONTOURING AND IMMUNE ENHANCING AFFECTS OF LYMPHATIC DRAINAGE MASSAGE WITH THE MUSCLE REHABILITATING BENEFITS OF A DEEP TISSUE OR SWEDISH MASSAGE, GIVING BACK MASSAGE OF BARRINGTON HAS MADE IT EASY TO EXPERIENCE THE BEST OF BOTH WORLDS IN ONE INCREDIBLE 90-MINUTE SESSION.

\$130/\$170

60 MIN / 90 MIN

